

SALUTE TO AMERICAN NURSES



With the start of Nurses Week on May 6, OBMedical® salutes the dedication of America’s nurses and the courage of the ANA in promoting 2017 as the “Year of the Healthy Nurse. The theme, titled “Nursing: The Balancing of Mind, Body and Spirit”, recognizes that the tremendous caregiving our nurses demonstrate every day, can come at a real cost to their own personal health. Stress and moral fatigue are recognized as grounds for coping strategies that are not always healthy for nurses, exemplified by poor dietary choices and unhealthy sleep patterns can lead to lower personal health outcomes. Starting the conversation about the balancing of mind, body and spirit is a great way to begin addressing the burn-out many nurses experience.

One area that affects nurses in all specialties is the ever-increasing obesity rates of the American patient. Susan Nickel, MSN Clinical Nurse Educator for OBMedical, points out that “Experts maintain BMI ratings over 40. This presents a serious challenge for labor and delivery nurses from a personal and patient care standpoint”

However, AWHONN has demonstrated leadership in promoting staffing guidelines in regard to the nursing care of morbidly obese pregnant patients. In 2011 AWHONN issued staffing guidelines that recommend 1:1 staffing for the morbidly obese. They also highlighted that certain procedures may require 2:1 staffing to prevent staff and patient injury. This list includes: monitoring of the FHR and uterine contractions, positioning for epidurals, holding legs for vaginal deliveries, transferring patients and other techniques in vaginal and cesarean deliveries.

OBMEDICAL is addressing one of these areas with the *LaborView™* wireless, Bluetooth maternal/fetal labor monitoring system. *LaborView* represent a revolution in MFM by using electromyography and ECG to capture the fetal and maternal heart rates and uterine activity. It has substantially better interpretability and sensitivity in monitoring uterine contractions and better accuracy and interpretability in capturing the FHR in obese patients. LaborView works well on all BMI classifications, but has particular clinical relevancy for those patients with higher BMI’s such as Class I, II and III.



Visit www.obmedical.net for more information on *LaborView*

To schedule a *LaborView* demonstration or Sales Inquiries contact customerservice@obmedco.com or call 352-225-3682 #1